Native Plants for Your Yard and Garden
Snakebark Maple (*Acer pensylvanicum*)

American Sweetflag (*Acorus americanus*)
Allegheny Vine (*Adlumia fungosa*)

**Nodding Onion** (*Allium cernuum*)

Full sun/part shade, June-Aug. bloom, height: 1-3 ft, attracts butterflies and hummingbirds, called nodding onion because flowers nod down to protect from
Beach Grass (*Ammophila breviligulata*)

Bearberry (*Arctostaphylos ‘Massachusetts’*)

Full sun, part shade, Apr-May bloom, height: .50-1 ft, spread: 3-6 ft, groundcover, attracts birds
Black Chokeberry *(Aronia melanocarpa)*

Full sun, part shade, May bloom, height: 3-6 ft., white flowers in spring, purple and black fruit in summer eaten by many birds and mammals.
Showy Swamp Milkweed (*Asclepias incarnata*)

Full sun, July-August bloom, showy bright pink flowers, height 4-5ft., attracts butterflies
Blue Wood Aster *(Aster cordifolius)*

New York Aster (*Aster novi-belgii*)

Smooth Aster (*Aster laevis*)

Wild Indigo (*Baptisia ‘Pixie Periwinkle’*)
Mostly sun, May-June bloom, light lavender blue flower spikes, height: 24-28", attracts butterflies, bees beneficial insects, deer resistant
**Grey Birch** (*Betula populifolia*)

Full sun/part shade, Apr. bloom, height: 10-20 ft., chalky white bark with dark trunk wedge markings, long-pointed toothy leaves, attracts birds, butterflies and caterpillars, deer tolerant.
**Prairie Sedge** (*Carex bicknelli*)

Mace Sedge (Carex grayi)

Pennsylvania Sedge (*Carex pensylvanica*)

Sun, part shade, shade. Height: 8”, small-large scale groundcover. Deer resistant.
Rosy Sedge (*Carex rosea*)

**Pink Turtlehead** (*Chelone glabra* ‘Pink Lips’)

Summersweet (*Clethra anifolia*)

Full sun/part shade, July-Aug bloom, height: 3-8 ft., flower is showy and fragrant, water: medium-wet, attracts birds and butterflies, can be used as a hedge.
Tufted Hair Grass (*Deschampsia cespitosa*)

Hair Grass (*Deschampsia flexuosa*)


*Deschampsia flexuosa*. Photo: Bat/Flickr CC0 1.0
Canada Wild Rye (*Elymus canadensis* ‘Icy Blue’)

Full sun/part shade, blue leaves, height: 3-4ft. Seed heads in summer. Deer resistant.
Virginia Wildrye (*Elymus virginicus* var. *halophilus*)

Full sun/part shade, bright green foliage, height: 2-4ft. Deer resistant. Erosion control.
**Dwarf Scouring Rush** (*Equisetum scirpoides*)

Full sun/part shade, no leaves, height: 4-8” tall. Fast spreader. Wet tolerant.
Rattlesnake Master (*Eryngium yuccifolium*)

Full sun, June-Sept. Bloom, height: 4-5ft., water: dry-med, drought tolerates drought, member of the carrot family,
Lady Fern (*Fern Athryium filix-femina*)
Part shade/full shade, easier to grow in rich, medium moisture, well drained soil, tolerates drier soils than most ferns, tolerates: rabbits and heavy shade
Woodland Sunflower \textit{(Helianthus divaricatus)}

Part shade, July-Sept. bloom, height: 2-6 ft., water: dry- medium, tolerant of wide range of soil conditions, divide every 3-4 yrs. to control spread and maintain vigor, attracts birds and butterflies, deer and drought tolerant.
Coral Bells (Heuchera ‘Green Spice’)

Full sun/part shade, June-July bloom, height: 1.5-2.5 ft., water: medium, drought, heat and humidity tolerance, effective as a border along pathways and walkways

Heuchera ‘Green Spice’ leaves. Photo: Patrick Standish/Flickr

Heuchera. Photo: Leonora (Ellie) Enking/Flickr
False Sunflower (*Heliopsis helianthoides* ‘Asahi’)

Winterberry (*Illex verticillata*)

Full sun/part shade, June-July boom, water: medium to wet, attracts birds

Northern Mockingbird. Photo: Will Stuart/Audubon Photography Awards

Winterberry. Photo: cultivar413/Flickr
**Slender Blue Flag** (*Iris prismatica*)

Part shade, May-July bloom, height: 1-3 ft., water: moist, thin, grass-like leaves rise from a basal cluster, attracts birds,
Blue Flag (*Iris versicolor*)

**Variegated Rush** (*Juncus effusus*)

Blazing Star (*Liatris microcephala*)

Full sun, July bloom, height: 1.5-2 ft., water: dry-medium,
**Spicebush** *(Lindera benzoin)*

Shrub growing up to 15 ft tall. Sweetly fragrant yellow flowers in April, yellow-gold fall foliage, red berries. Attracts pollinators, deer resistant.
**Trumpet Honeysuckle** (*Lonicera sempervirens*)


Trumpet honeysuckle. Photo: Bruce Kirchoff/Flickr

Ruby-throated hummingbird. Photo: David M. Shipper/Audubon Photography Awards
Hairy Wood Rush (*Luzula acuminata*)

Lance-leafed Loosetrife (*Lysimachia lanceolata*)


Photo: Joshua Mayer/Flickr CC BY-SA 2.0

Photo: Joshua Mayer/Flickr CC BY-SA 2.0
Beebalm (Monarda didyma 'Jacob Kline')

Sun/Part shade. Moist to wet soils. 2-4 ft tall, but can grow up to 6 ft. Clustered red flowers bloom May-Oct. Mildew resistant cultivar. Attracts pollinators, deer resistant.
Beebalm/Wild Bergamot (*Monarda fistulosa*)

**Sweetgale** (*Myrica gale*)

Sun/Part shade/Shade. Moist to wet soils. 4.5’ tall x 3.5’ wide. Sweetly scented leaves. Attracts birds with fruits. Salt tolerant.

Sweetgale. Photo: Ole Husby/Flickr CC BY-SA 2.0

Sweetgale. Photo: Gertjan van Noord/Flickr CC BY-SA 2.0
Bayberry (*Myrica pensylvanica*)

Part shade. Moist soils. 6-12 ft tall. Male and female necessary for berries, which attract birds. Aromatic leaves. Low maintenance, deer resistant.
Prickly Pear Cactus (*Opuntia humifusa*)

Switchgrass (*Panicum virgatum*)

Virginia Creeper (*Parthenocissus quinquefolia*)

Sun/Part shade/Shade. Moist soils. Green leaves turn red in fall. Attracts birds with berries (toxic to humans). Ground cover, climbing vine.
Calico Beardtongue (*Penstemon calycosus*)

Garden Phlox (*Phlox paniculata* 'David')

Woodland Phlox (Phlox stolonifera 'Blue Ridge')

Creeping Phlox (*Phlox subulata 'Emerald Blue')

Creeping Phlox (*Phlox subulata* 'Candy Stripe')

Creeping Phlox (*Phlox subulata 'Snowflake')

Creeping Phlox (*Phlox subulata 'Fort Hill')

Creeping Phlox (*Phlox subulata 'Red Wings')

Obedient Plant (*Physostegia 'Variegata')

Mayapple *(Podophyllum peltatum)*

Part shade/Shade. Moist soils. 1-1.5 ft height. Solitary flower, May, followed by edible yellow fruit. Spreads into large stands over time.
Variegated Jacob’s Ladder (*Polemonium reptans*)

Solomon’s Seal (*Polygonatum biflorum*)

Part shade/Shade. Dry to moist soils. 1-5 ft long stalks, 18” tall. Showy blue fruits in fall. Deer resistant.
Beach Plum (*Prunus maritima*)

Sun. Dry to moist soil. 6-8 ft tall. Salt and drought tolerant. Edible fruit, white flowers in May.
Mountain Mint (*Pycanthemum flexuosum*)

Mountain Mint (*Pycanthemum virginianum*)

Swamp Rhododendron (*Rhododendron viscosum*)

Swamp Rose (*Rosa palustris*)

**Virginia Rose** (*Rosa virginiana*)

Sun/Part shade/Shade. Moist to wet soil. 3-5 ft tall. Red and yellow fall foliage. Moist & salt tolerant.
Black-eyed Susan (*Rudbeckia hirta*)

Salvia lyrata 'Burgundy Bliss'

Sun/Part shade/Shade. Dry to moist soil. 6” tall, white flowers up to 12” tall. Deep burgundy foliage, evergreen. Deer resistant.
Black Elderberry (Sambucus canadensis)

Little Bluestem (*Schizachyrium scoparium*)

Sun/Part shade. 2 ft tall. Blue-green foliage with red/purple fall highlights. Seeds heads feed wintering birds. Deer resistant.
Sedum ternatum ‘Larinem Park’

Part shade. 4-8 in tall. Moist soils. Loves rocks. Showy white flowers, creeping habit.
Blue Eyed Grass (*Sisyrinchium atlanticum*)

Early Goldenrod (*Solidago juncea*)

Sun/Part shade/Shade. 2-4 ft tall. Dry to moist soil. Yellow flowers in summer. Deer resistant, attracts pollinators, drought tolerant.
Goldenrod (Solidago rugosa)

Seaside Goldenrod (*Solidago sempervirens*)

Indian Grass (*Sorghastrum nutans*)

Northern Dropseed (*Sporobolus heterolepis*)


Photo: Esther Westerveld/Flickr CC BY 2.0

Dropseed. Photo: David Stand/Wikimedia Commons CC BY-SA 4.0
**Foamflower** *(Tiarella ‘Running Tapestry’)*

Shade. 6-12 in. Green leaves with red ‘hearts.’ White flowers May-Jul. Deer resistant.

Photo: Mount Rainier National Park/Flickr CC BY 2.0

Foamflower plant. Photo: chipmunk_1/Flickr CC BY-SA 2.0
Spiderwort (*Tradescantia bracteata*)

Lowbush Blueberry (*Vaccinium angustifolia*)

Sun/Part shade/Shade. 18 – 24” tall. Green foliage. Edible berries. *Pink-berried* “Pink Lemonade” variety also available.
Cranberry (*Vaccinium macrocarpon*)

New York Ironweed (*Vernonia noveboracensis*)

Sun. Moist soil. 4-7 ft tall. Strong vertical presence. Attracts pollinators.
**Viburnum dentatum**

Sun/Part Shade/Shade. Dry to wet soil. 6-12 ft tall shrub. White flowers May-Jul. Blue-black berries in the fall.

Full shrub (flowered). Photo: F.D. Richards/Flickr CC BY-SA 2.0  
Berries. Photo: Dan Keck/Flickr
American Cranberry Bush *(Viburnum trilobum)*

Part shade. Moist to wet soils. 8-12 ft tall shrub. White flowers in spring, red berries in the fall attract birds. Red, yellow, purple fall colors.
Barren Strawberry (Waldsteinia fragarioides)
Yellowroot (Xanthorhiza simplicissima)

Shade. 2-3 ft tall. Forms a low thicket. Purple color in fall. Deer resistant.
Heart-leafed Alexanders (*Zizia aptera*)


Photo: Andrey Zharkikh/Flickr CC BY 2.0

Leaves. Photo: Andrey Zharkikh/Flickr CC BY 2.0
Golden Alexanders (*Zizia aurea*)

Sun/Part shade/Shade. 1-2 ft tall. Yellow flowers April-June. Attracts beneficial insects.