Nodding Onion (*Allium cernuum*)

Full sun/part shade, June-Aug. bloom, height: 1-3 ft, attracts butterflies and hummingbirds, called nodding onion because flowers nod down to protect from...
Bearberry (*Arctostaphylos ‘Massachusetts’*)

Full sun, part shade, Apr-May bloom, height: .50-1 ft, spread: 3-6 ft, groundcover, attracts birds
Black Chokeberry (*Aronia melanocarpa*)

Full sun, part shade, May bloom, height: 3-6 ft., white flowers in spring, purple and black fruit in summer eaten by many birds and mammals.
Showy Swamp Milkweed (*Asclepias incarnata*)

Full sun, July-August bloom, showy bright pink flowers, height 4-5ft., attracts butterflies
Smooth Aster (*Aster laevis*)

Full sun, Sept.-Oct. Bloom, height: 3-4ft., violet flowers, attracts butterflies and pollinators
Wild Indigo (*Baptisia ‘Pixie Periwinkle’*)

 Mostly sun, May-June bloom, light lavender blue flower spikes, height: 24-28", attracts butterflies, bees beneficial insects, deer resistant

Baptisia. Photo: F.D. Richards/Flickr

Baptisia. Photo: paganum/Flickr
Grey Birch (*Betula populifolia*)

Full sun/part shade, Apr. bloom, height: 10-20 ft., chalky white bark with dark trunk wedge markings, long-pointed toothy leaves, attracts birds, butterflies and caterpillars, deer tolerant
Pink Turtlehead (*Chelone glabra* ‘Pink Lips’)

Summersweet (*Clethra anifolia*)

Full sun/part shade, July-Aug bloom, height: 3-8 ft., flower is showy and fragrant, water: medium-wet, attracts birds and butterflies, can be used as a hedge
Rattlesnake Master (*Eryngium yuccifolium*)

Full sun, June-Sept. Bloom, height: 4-5ft., water: dry-med, drought tolerates drought, member of the carrot family,
Lady Fern (*Fern Athryium filix-femina*)
Part shade/full shade, easier to grow in rich, medium moisture, well drained soil, tolerates drier soils than most ferns, tolerates: rabbits and heavy shade
Woodland Sunflower (*Helianthus divaricatus*)

Part shade, July-Sept. bloom, height: 2-6 ft., water: dry- medium, tolerant of wide range of soil conditions, divide every 3-4 yrs. to control spread and maintain vigor, attracts birds and butterflies, deer and drought tolerant.
Coral Bells (*Heuchera ‘Green Spice’*)

Full sun/part shade, June-July bloom, height: 1.5-2.5 ft., water: medium, drought, heat and humidity tolerance, effective as a border along pathways and walkways
False Sunflower (*Heliopsis helianthoides* ‘Asahi’)

Winterberry (*Illex verticillata*)

Full sun/part shade, June-July bloom, water: medium to wet, attracts birds
Slender Blue Flag (*Iris prismatica*)

Part shade, May-July bloom, height: 1-3ft., water: moist, thin, grass-like leaves rise from a basal cluster, attracts birds,
Blazing Star (*Liatris microcephala*)

Full sun, July bloom, height: 1.5-2 ft., water: dry-medium,
Spicebush \textit{(Lindera benzoin)}

Shrub growing up to 15 ft tall. Sweetly fragrant yellow flowers in April, yellow-gold fall foliage, red berries. Attracts pollinators, deer resistant.
**Trumpet Honeysuckle** (*Lonicera sempervirens*)

Beebalm (*Monarda didyma 'Jacob Kline')

Sun/Part shade. Moist to wet soils. 2-4 ft tall, but can grow up to 6 ft. Clustered red flowers bloom May-Oct. Mildew resistant cultivar. Attracts pollinators, deer resistant.
**Beebalm/Wild Bergamot** *(Monarda fistulosa)*

**Sweetgale** (*Myrica gale*)

Sun/Part shade/Shade. Moist to wet soils. 4.5’ tall x 3.5’ wide. Sweetly scented leaves. Attracts birds with fruits. Salt tolerant.
**Bayberry** (*Myrica pensylvanica*)

Part shade. Moist soils. 6-12 ft tall. Male and female necessary for berries, which attract birds. Aromatic leaves. Low maintenance, deer resistant.
Switchgrass (*Panicum virgatum*)


Switchgrass. Photo: Matt Lavin/Flickr CC BY-SA 2.0
Virginia Creeper (*Parthenocissus quinquefolia*)

Sun/Part shade/Shade. Moist soils. Green leaves turn red in fall. Attracts birds with berries (toxic to humans). Ground cover, climbing vine.
**Calico Beardtongue** *(Penstemon calycosus)*

**Garden Phlox (Phlox paniculata 'David')**

Woodland Phlox (*Phlox stolonifera 'Blue Ridge')

**Creeping Phlox (Phlox subulata 'Emerald Blue')**

Creeping Phlox (*Phlox subulata 'Candy Stripe')

Creeping Phlox (*Phlox subulata 'Snowflake')

Creeping Phlox (*Phlox subulata 'Fort Hill')

Creeping Phlox *(Phlox subulata 'Red Wings')*

Obedient Plant (*Physostegia 'Variegata*)

Mayapple (*Podophyllum peltatum*)

Part shade/Shade. Moist soils. 1-1.5 ft height. Solitary flower, May, followed by edible yellow fruit. Spreads into large stands over time.
**Variegated Jacob’s Ladder** (*Polemonium reptans*)

Solomon’s Seal (*Polygonatum biflorum*)

Part shade/Shade. Dry to moist soils. 1-5 ft long stalks, 18” tall. Showy blue fruits in fall. Deer resistant.

![Solomon’s Seal](image1)

![Solomon’s Seal](image2)

Solomon’s seal. Photo: Fritz Flohr Reynolds/Flickr CC BY-SA 2.0

Solomon’s seal. Photo: Bruce Kirchoff/Flickr CC BY 2.0
Beach Plum (*Prunus maritima*)

Sun. Dry to moist soil. 6-8 ft tall. Salt and drought tolerant. Edible fruit, white flowers in May.
Mountain Mint (*Pycanthemum flexuosum*)

Mountain Mint (*Pycanthemum virginianum*)

Swamp Rhododendron (*Rhododendron viscosum*)

Swamp Rose (*Rosa palustris*)

Virginia Rose (*Rosa virginiana*)

Sun/Part shade/Shade. Moist to wet soil. 3-5 ft tall. Red and yellow fall foliage. Moist & salt tolerant.
**Black-eyed Susan** (*Rudbeckia hirta*)

Salvia lyrata 'Burgundy Bliss'

Sun/Part shade/Shade. Dry to moist soil. 6” tall, white flowers up to 12” tall. Deep burgundy foliage, evergreen. Deer resistant.
Little Bluestem (*Schizachyrium scoparium*)

Sun/Part shade. 2 ft tall. Blue-green foliage with red/purple fall highlights. Seeds heads feed wintering birds. Deer resistant.
Sedum ternatum ‘Larinem Park’

Part shade. 4-8 in tall. Moist soils. Loves rocks. Showy white flowers, creeping habit.
Blue Eyed Grass (*Sisyrinchium atlanticum*)

Early Goldenrod (*Solidago juncea*)

Sun/Part shade/Shade. 2-4 ft tall. Dry to moist soil. Yellow flowers in summer. Deer resistant, attracts pollinators, drought tolerant.
Goldenrod *(Solidago rugosa)*

Seaside Goldenrod (*Solidago sempervirens*)

Indian Grass (*Sorghastrum nutans*)

Northern Dropseed (*Sporobolus heterolepis*)

Foamflower (*Tiarella ‘Running Tapestry’)  
Shade. 6-12 in. Green leaves with red ‘hearts.’ White flowers May-Jul. Deer resistant.

Photo: Mount Rainier National Park/Flickr CC BY 2.0  
Foamflower plant. Photo: chipmunk_1/Flickr CC BY-SA 2.0
Spiderwort (*Tradescantia bracteata*)

Lowbush Blueberry *(Vaccinium angustifolia)*

Sun/Part shade/Shade. 18 – 24” tall. Green foliage. Edible berries. *Pink-berried* “Pink Lemonade” variety also available.
New York Ironweed (*Vernonia noveboracensis*)

Sun. Moist soil. 4-7 ft tall. Strong vertical presence. Attracts pollinators.
**Viburnum dentatum**

Sun/Part Shade/Shade. Dry to wet soil. 6-12 ft tall shrub. White flowers May-Jul. Blue-black berries in the fall.

Full shrub (flowered). Photo: F.D. Richards/Flickr CC BY-SA 2.0

Berries. Photo: Dan Keck/Flickr
American Cranberry Bush (*Viburnum trilobum*)

Part shade. Moist to wet soils. 8-12 ft tall shrub. White flowers in spring, red berries in the fall attract birds. Red, yellow, purple fall colors.
Barren Strawberry (*Waldsteinia fragarioides*)

Yellowroot \((Xanthorhiza simplicissima)\)

Shade. 2-3 ft tall. Forms a low thicket. Purple color in fall. Deer resistant.
Heart-leafed Alexanders (*Zizia aptera*)


Photo: Andrey Zharkikh/Flickr CC BY 2.0

Leaves. Photo: Andrey Zharkikh/Flickr CC BY 2.0
Golden Alexanders (*Zizia aurea*)

Sun/Part shade/Shade. 1-2 ft tall. Yellow flowers April-June. Attracts beneficial insects.